



she builds
Vision Workshop

Imagine Your Next Level
DECEMBER 2024

DATE: _____

This workbook belongs to:

If found, please call:

Email:

Set Your Intention

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The Anti-Hustle Business Model ♥

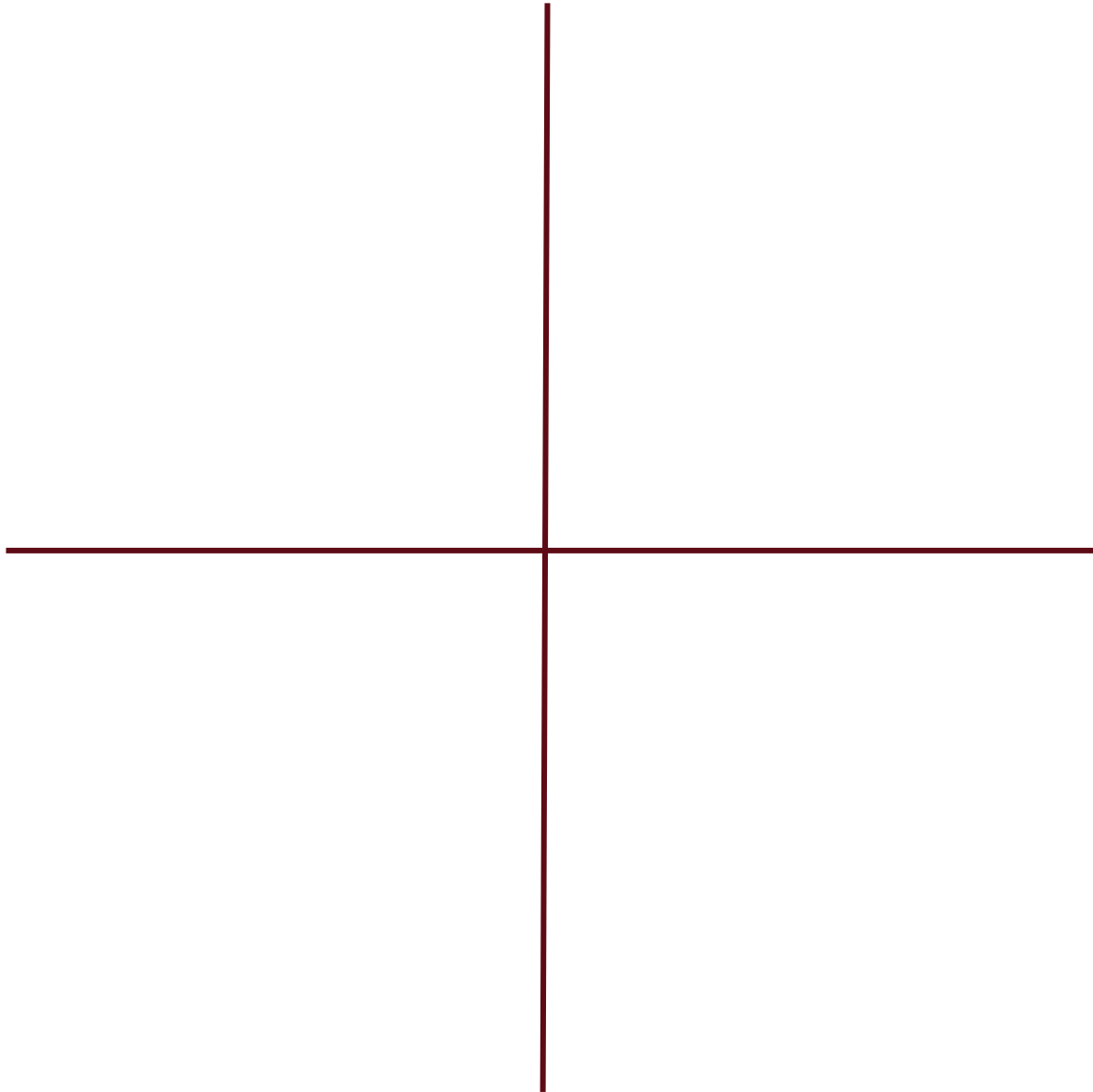
Grow your business, make a great living, and reach your next level without burning out and destroying everything you have built.

	<u>Strategy</u> : → Vision + Plan <i>distraction</i>	<u>Revenue</u> → Products + Marketing <i>scarcity</i>	<u>Growth</u> Intentional Leadership <i>fear</i>
<u>Scale</u> (success)			
<u>Support</u> (decompress)	↑ <u>Replenish</u> Tools to Regulate <i>exhaustion</i>	← <u>Team</u> Role Alignment <i>confusion</i>	← <u>Community</u> Support Squad <i>isolation</i>
<u>Sustain</u> (assess)	<u>Time</u> → Focused Workflow <i>burnout</i>	<u>Energy</u> → Capacity Clarity <i>overwhelm</i>	<u>Money</u> ↑ Enough Number <i>comparison</i>

Next-Level Vision

Feel

Enjoy



Learn

Serve

Dream Bank "Ones"

What would you like to see exist in the next year?
You can start by thinking:

Wouldn't it be cool if...

A large, empty rectangular box with a thin black border, intended for the user to write their response to the prompt "Wouldn't it be cool if...".

Determine Your Enough Number

This exercise will guide you through calculating your Enough Number, helping you align your business goals with your ideal lifestyle. Additionally, it will explore the emotional and financial cost of not living the life you envision as an entrepreneur.

Step 1: Clarify Your Money Why

Decide what motivates you to want to make more money

- How would you describe your ideal day-to-day lifestyle?
- What does thriving look and feel like for you?
- What are the non-negotiables that make life fulfilling (e.g., quality family time, travel, personal growth)?

Write your Money Why statement below:

Example: "I want to work 30 hours a week, take a month off each year for family travel, and feel secure about my retirement savings."

Determine Your Enough Number

Step 2: Calculate Your Enough Number

1. List Your Fixed Personal Expenses

- Rent/Mortgage: _____
- Utilities (electricity, water, internet): _____
- Insurance (health, home, life): _____
- Other fixed expenses: _____

1. List Your Variable Personal Expenses

- Food and groceries: _____
- Transportation (gas, public transit, car maintenance): _____
- Entertainment (movies, dining out, hobbies): _____
- Other variable expenses: _____

1. List Your Investments and Future Contributions

- Savings: _____
- Retirement accounts: _____
- Stock or real estate investments: _____

1. Add Your Tax Obligation

- Estimate your annual taxes based on your current income:

TOTAL ENOUGH NUMBER

Fixed Expenses + Variable Expenses + Investments + Taxes = \$_____

Determine Your Enough Number

Step 3: Calculate Yearly and Monthly Needs

Divide your yearly enough number into manageable chunks.

- Yearly Income Needed: \$_____
- Monthly Income Needed: \$_____

Step 4: Assess the Cost of Not Living Your Vision

Ask yourself:

1. What does it cost you emotionally to not live the life you envision?
 - Examples: Stress, burnout, lack of family time, unfulfilled potential.
2. What does it cost you financially to remain misaligned?
 - Examples: Spending more on reactive decisions, losing potential income opportunities, inefficiencies in your business.
3. How does it affect your health, relationships, and creativity?

Write your reflections below:

Example: Not having enough time for my family makes me feel disconnected and guilty. It's costing me emotionally and financially because I'm too stressed to work efficiently.

Determine Your Enough Number

Step 5: Take Inspired Action

Now that you have clarity on your enough number and the costs of inaction:

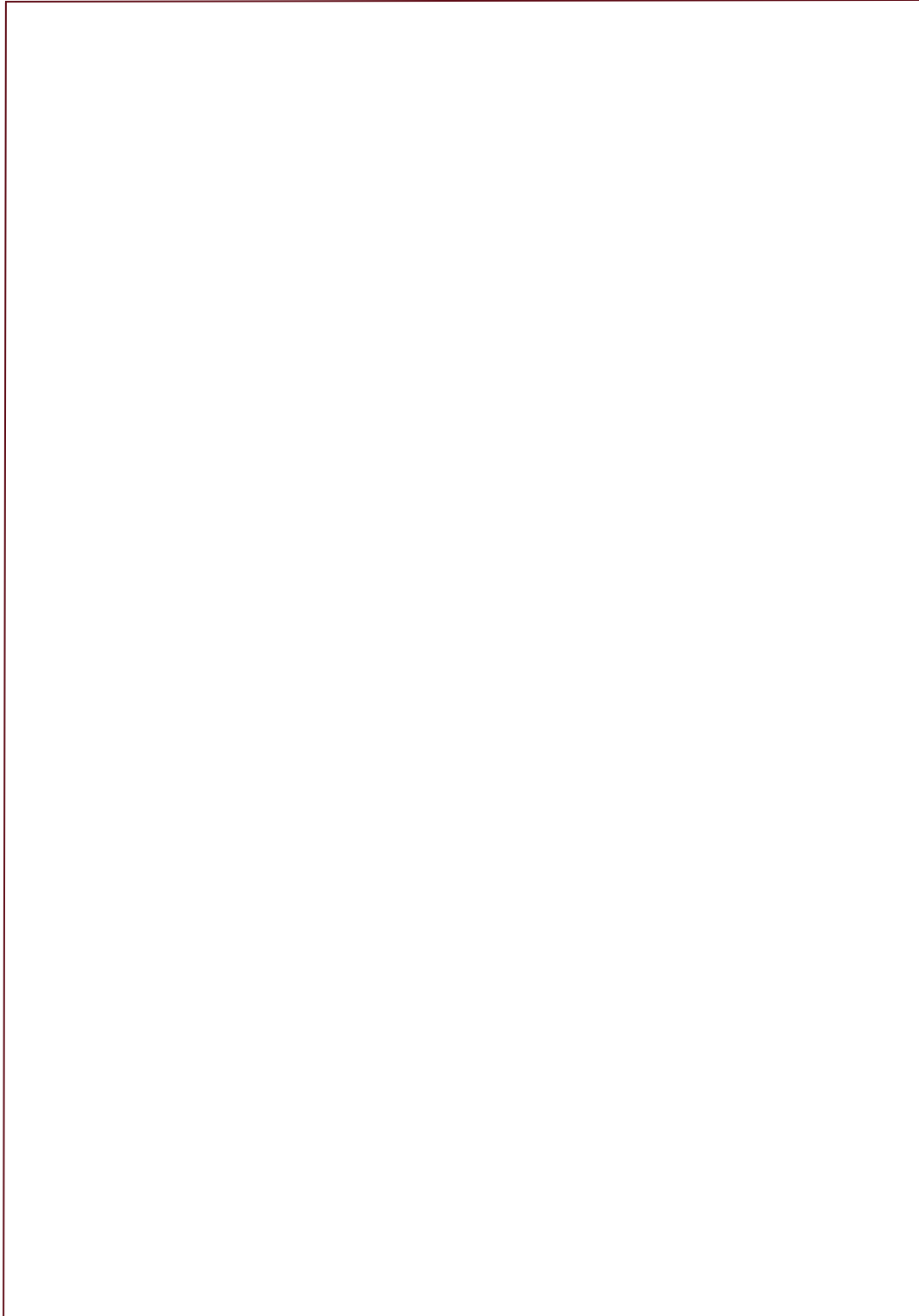
1. What immediate steps can you take to align your business with your enough number?
2. How will you prioritize your vision in your current business strategy?

Write down 1–3 actionable steps to move forward:

Example: I'll raise my prices to better match the value I provide, eliminate unnecessary expenses, and revisit my revenue goals quarterly.

This reflection will not only help you determine your enough number but also ground your business decisions in the life you truly want to build.

Takeaways & Insights





To building with love

JADAHSELLNER.COM/SESSION

Next Steps:

Scan the QR to book your
strategic visioning session!
Special code: JADAHLOVE

